**Joseph Hedden** is a United Church of Christ pastor with 25 years experience.  He received a Certificate in Spiritual Direction and Spiritual Leadership from the Pneuma Institute and regularly directs individuals and groups.  Joseph is married to Jennifer and they have two daughters, one at Carlow University and one in high school.

**Lynn Holden** is a Spiritual Director, professional counselor, Enneagram practitioner and a lover of trees! Through *Cultivating Awareness* ([www.lynnholden.com](http://www.lynnholden.com)) she holds space for individuals to reconsider Life and their relationship to it. Lynn completed Pittsburgh Theological Seminary's spiritual formation program and received training as a spiritual director through the Center for Spiritual Formation, an affiliate of the United Methodist Church in the Susquehanna Valley. Lynn reads broadly and participates in the mission and leadership of several ecumenical and contemplative communities. She and her husband have 2 grown children and 3 very dear grandchildren...ages 1, 2 and 3!

**Lynn Schrott**is a Spiritual Director from Mt Lebanon, PA. She received her training from North Park Seminary in Chicago 10 years ago. Making the space to sit with another’s soul has been a passion and pure joy. Lynn is a retired hospice nurse and enjoys reading, gardening and star gazing. She is hoping for a peek at the Milkyway or even Northern Lights here away from the city’s lights! She and her husband worship at Church of the Ascension in Oakland and have 3 grown daughters and 2 little grandsons who live in Texas.

**Judith Shipley**is an elder in the Presbyterian Church with many years' experience in small group leadership, Bible teaching, mission and spiritual practice. She was deeply engaged in the spiritual formation program at Pittsburgh Theological Seminary before entering 2 years of training as a Spiritual Director with Pneuma Institute LLC. She has a small spiritual direction practice and meets with individuals one on one. Judy reads widely and reflects deeply across faith traditions and wellness practices. She enjoys poetry and music. She practices photography as a visual psalmist. Judy is married and lives in the North Hills. She has three grown children and 2 grandsons.

**Amy Wagner** is lead pastor at St. Paul's UMC in Allison Park, PA and previously served as the Director of Congregational Development & Revitalization for the Western Pennsylvania Annual Conference. She holds degrees from Grove City College, Asbury Theological Seminary and Loyola University Chicago. Amy describes herself as a contemplative, strategist, and hopeful bridge-builder. Amy is married to Rob; they have two “tween” children: Joe and Grace.