

Olmsted Manor Retreat Center sponsors:  
**Secrets of Fly Fishing Success**

**April 29 – May 1 - 2022**

“A retreat for new or novice fly fishers”



To register call Olmsted Manor – 814-945-6512  
<https://www.olmstedmanor.org/fly-fishing-weekend.html>

**Instructor – Gary Kell The Fly Fishing Coach**

*Gary a native of NW Pennsylvania has been fly fishing for over 50 years. He has taught 100's of people various aspects of fly fishing. For five years Gary was a lead fly fishing instructor for L L Bean. In 2009 he became a Master Certified Instructor through the Fly Fishers International (FFI) instructor certification program and in 2016 received the FFI Governors Mentoring Award. His latest achievement was being a co-author in the new Keystone Fly Fishing Guide. Currently, Gary resides in Warren PA where he owns and operates Gary Kell The Fly Fishing Coach, providing fly fishing instructional services.*

**Contact:** 814-706-2506 [garyffc1@verizon.net](mailto:garyffc1@verizon.net) **Web:** [www.theflyfishingcoach.com](http://www.theflyfishingcoach.com)  
**Facebook:** <https://www.facebook.com/theflyfishingcoach>

**The Secrets of Fly Fishing Success** is designed for aspiring fly fishers as well as veteran fly fishers that have never taken a formal course. This two day course reveals the secrets of fly fishing, from setting up your equipment, tying knots, identifying aquatic insects, determining where fish lay in a stream, selecting a fly, to casting and fishing it in a way that leads to success!! The essential knowledge and skills of fly fishing in two days!

**Friday & Saturday** provides you with enough information to purchase the right equipment and the basic skills necessary to get you on the stream! In classroom and on the lawn sessions you will: 1) learn about and examine the essential equipment; 2) practice tying two essential knots; ; 3) learn to manage leaders; 4) identify aquatic insects and understand their lifecycles; 5) understand the differences in fly imitations, and how to select one; and 6) practice the secrets of fly casting and line control.

**Sunday** focuses on fly fishing strategies. It is a practicum where you apply your new skills in real fishing situations. Together we'll wade into one of the trout streams in the area and; 1) reveal the secrets of dry, wet and nymph fishing; 2) demonstrate how to approach the stream; 3) how to select a fly; and 4) how to read the water and determine where fish might be laying.

## Agenda – Secrets of Fly Fishing Success

Friday 7 pm – 9 pm

- **Introductions**
- **Equipment**

Saturday 8:45 am to 5pm (*Meditation 7:30am*)

- **Fish Food & Flies**
- **Leaders & Knots**
- **Fly Casting & Fly Line Control**
- **Where fish live**

Sunday 8:45 am – 4:00 pm (*Meditation 7:30 am*)

- **Gone Fishing –Approaching the Stream - Fly Decision**
- **Practice Strategies on the stream – Dry Fly / Wet Fly / Nymph**

*\*Breakfast 8:00 am, Lunch 12:15pm, & Dinner 5:30pm*

## Preparation

**NO EQUIPMENT IS NECESSARY!!** I encourage people new to the sport to take the class before making any purchases. The school will make you more knowledgeable as to what you need to buy. **HOWEVER, if you want to fish on Sunday then bring or purchase wading gear and a PA fishing license before you arrive.** If you don't want to spend that much yet, a pair of knee boots would allow you to try casting and fishing in shallower areas. Or, you can still watch the demonstrations from shore.

### What you should know!

1. Sunday afternoon will end on the stream. Best to checkout of the manor in the morning.
2. Schools are designed for adults – ages 15 and up. Youth 17 or under must be accompanied by paying adult or guardian.
3. Bring rain gear including waterproof foot gear – we will be outside rain or shine.
4. Bring a hat, eye protection – eyeglasses or sunglasses, insect repellent and sun screen.
5. Let instructor know of any physical issues beforehand – reasonable accommodations can and will be made without fanfare.
6. Fly fishing carries inherent risks: accidental hook penetration, being hit with fly line, tripping hazards – logs, rocks, holes etc. Slippery footing on rocks, banks, wet grass etc. Be observant and cautious. Wading staff is recommended. Some will be available for those who want them.

### Note:

#### Spiritual Leadership

Surrounded by the lush woods of the Allegheny National Forest and the bubbling waters of the Two Mile Creek, Olmsted is a unique place to come away and seek respite and spiritual renewal. For those who wish to partake, meditations will be offered each morning after breakfast. Spiritual Leadership will be provided by Director of Olmsted Manor – Rev Al Hammer.