

Workshop Site - Monongalia General Hospital, 1200 J.D. Anderson Dr., Morgantown

Morgantown Pastoral Counseling Center - 1062 Maple Dr., Suite 1, Morgantown, WV 26505-2815

Phone: 304-599-5751 Fax: 304-599-2124 Friday, November 4, 2011, 9:00 AM - 2:30 PM

Name _____ Continuing Ed. Certificate wanted ___ Yes ___ No

Total CE Hours Available 4.5; How many hours attending _____

Address _____ ****Cost of Snacks and Lunch \$10.00****

City _____ State _____ ZIP Code _____ Phone No. _____

Denomination _____ E-mail address _____

****Please enclose a check (payable to MPCC) or \$10 cash with registration form no later than November 1, 2011.**

Continuing Education Credits will be provided at the completion of the Workshop unless you designate less hours (e.g. 2.5 hours for Sessions 1 & 2). Please cut and mail form (and snack/lunch fee) to MPCC, 1062 Maple Dr., Suite 1, Morgantown, WV 26505

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Eleventh Annual

Pastors

Workshop

A Workshop for Clergy and
Pastoral Leaders

Pastoral Care Issues

*Providing Care for Returning
Veterans & their Families; How to
Keep YOUR Soul Alive at Work*

Keynote Speakers:

Chaplain Rusty Trubey
Dr. Ian Kellems

November 4 2011
9:00 A.M. - 2:30 P.M.

Host: Pastoral & Spiritual Care
Division Mon General Hospital

1200 J.D. Anderson Dr., Morgantown

Sponsored by the

Alene Vance Hott Foundation

Presented by

Morgantown Pastoral Counseling Center

Pastoral Care Issues

Providing Care for Returning Veterans and their Families; How to Keep YOUR Soul Alive at Work

- 8:15 - Registration
- 8:45 - Introductions and Prayer
- 9:00 - Session 1 - Chaplain Rusty Trubey
- 10:15 - Break
- 10:30 - Session 2 - Chaplain Rusty Trubey
- 11:45 - Lunch
- 12:30 - Session 3 - Ian Kellems, PhD
- 2:30 - Go in Peace

Workshop Leaders

Chaplain Rusty Trubey is currently a second-year chaplain resident at Louis A. Johnson VA Healthcare System in Clarksburg, WV. His clinical focus and ministry is in the Mental Health Residential and Rehabilitation Treatment Programs with a particular emphasis in Posttraumatic Stress Disorder and Substance Abuse. Since 2007, he has been serving as a chaplain candidate with the West Virginia Army National Guard. He is also an Army Veteran, having served on active duty from 1987-1991. For 16 years, Rusty served as the director for Chi Alpha Campus Ministries (a ministry of the Assemblies of God) at Stephen F. Austin State University, the University of South Florida, and most recently at West Virginia University. He earned a Master of Divinity and Master of Arts in Counseling from Regent University. Rusty completed 2 units of Clinical Pastoral Education at West Virginia University Hospital in Morgantown and 4 units as a first year resident at Louis A. Johnson VA Healthcare System. He was recently recognized as a board certified chaplain with the National Association of VA Chaplains and the Association of Professional Chaplains. Rusty lives

in Morgantown with his wife Oakley and their 5 children.

Providing Care for Returning Veterans and their Families

The Global War on Terror has wreaked havoc on our service members. Returning Veterans are suffering from Posttraumatic Stress Disorder and depression in very large numbers. Suicide rates between National Guard and Reserve Soldiers doubled last year to almost one a day. Clearly, there is an epidemic of hopelessness that surrounds many of our troops. Research shows that a large percentage of Service Members who are returning to rural areas, like West Virginia, seek the help of clergy rather than a psychiatrist, psychologist, or primary care physician. Clergy are recognized as influential community leaders. This seminar will help equip you to, 1) provide spiritual and pastoral care in the community for returning warriors and their immediate caregivers who desire such care, and 2) to provide education and resource literature for community clergy support persons, regarding physical, psycho/social, and spiritual health issues often experienced by returning warriors and their families.

Dr. Ian Kellems earned his PhD in Counseling Psychology from the University of Maryland. He is a licensed psychologist and the Assistant Director of the WELLWVU Carruth Center for Counseling and Psychological Services. His clinical interests include applications of Positive Psychology to psychotherapy, working with religious and spiritual issues in psychotherapy, adventure therapy, and working with student veterans. On a personal note, Ian keeps busy trying to keep up with his four rambunctious kids, his patient wife, church activities, and whitewater kayaking.

How to Keep YOUR Soul Alive at Work

Positive Psychology is a rapidly growing area of Psychology that emphasizes how to identify and magnify

personal strengths and happiness. This seminar will present the basic principles of Positive Psychology and specifically how we can apply these principles, both with ourselves and with our congregants, in order to achieve our full potentials and live happier lives. An emphasis will be placed on the Positive Psychology principles and activities which lend themselves especially well to religious settings.

Sponsors and Location

MPPCC is pleased to present this workshop for clergy and pastoral leaders. The Center serves the areas of North Central WV, Western PA, and Western MD. MPPCC provides quality, professional, Pastoral Counseling services to individuals, couples, families, children, and adolescents. Psychological testing and evaluations and psychiatric services are offered to our clients. We are grateful to the **Alene Vance Hott Foundation** and Wesley United Methodist Church, Morgantown, for cosponsoring this Workshop, as well as the Pastoral and Spiritual Care Division at Mon General Hospital, 1200 J.D. Anderson Drive, Morgantown, for hosting the workshop. Lunch will be served at the workshop site. **Registrants**, please enclose \$10 for lunch and break snacks. It is important to mail your registration form including your payment as soon as possible to reserve a seat. Continuing Education credits will be offered at the completion of the workshop for those so requesting. Complete the form on the back of this brochure and mail it to MPPCC at your earliest convenience. The workshop date is Friday, November 4, 2011, from 9:00 AM to 2:30 PM at Mon General Hospital. Registrations must be received **No later than** Tuesday, November 1, 2011.



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From I-79:

After exiting from the north at Exit 155, turn left at the stop sign. Go through the two traffic lights the road bears to the right after the second. From the south, turn right and go through the two lights. You will cross over the Star City bridge. Go through the first light and then turn left at the second light (in front of the WVU Coliseum) onto Patteson Drive. Follow the 5 lane to the fourth light and turn right onto Milan Puskar (formerly Chestnut Ridge Road.) Get into the left lane when you can. You will go to the second light and make a left onto Pineview Drive. The turn to the hospital is the first street on the right, J. D. Anderson Drive. There will be a large sign for the hospital at the turn. Follow J.D. Anderson to the top of the hill where the hospital is located. The Hazel Ruby McQuain Conference Center is to the right of the hospital in the back.. Parking is also to the right of the hospital. Any visitor space may be used. There is a possibility that some spaces will be reserved in this lot. We will be in the Mylan Room which is near the Conference Center reception desk.

From I-68:

Use Exit 7 (Pierpont Road). From the East, turn right at the stop sign. From the West, turn left at the traffic light. Take a left at the third traffic light onto Stewartstown Road and continue to the traffic light on Route 705. Turn right onto 705 and continue to the third light. Turn right onto Pineview Drive. The turn to the hospital is the first street on the right, J. D. Anderson Drive. There will be a large sign for the hospital at the turn. Follow J.D. Anderson to the top of the hill where the hospital is located. The Hazel Ruby McQuain Conference Center is to the right of the hospital in the back.. Parking is also to the right of the hospital. Any visitor space may be used. There is a possibility that some spaces will be reserved for us in this lot. We will be in the Mylan Room which is near the Conference Center reception desk.